



## Patterns, Skins and Stitch

### Three days of free-motion fun

Want to escape from those ho-hum stitch patterns you always use? We're going to spend three days stitching for fun. The end result? a beast to join a parade.

Imagination, clairvoyance and experimentation are all in the mix. We'll play with patterns and scribble new textures. Our focus will be on loosening up, finding our sense of humor and playing the fool.

Nervous about free-motion? Just roll with it! There are no mistakes, we all have our bad hair days. Back in the 90s we teased our hair on purpose. The results? High fashion. Take that as a guiding principle.

I can't wait to play with you.

### Open to all skill levels

If you have any additional questions about this class, contact [paula@sogray.com](mailto:paula@sogray.com)

[www.paulakovarik.com](http://www.paulakovarik.com)

## Material List

**Sewing machine** with the ability to do free-motion quilting  
(double check that you have a free-motion foot that works)

### Fabric and batting

Please cut into **14" x 14"** squares

- **Four** squares of black cotton fabric, **Four** squares of white cotton fabric, **Four** squares of solid colored fabric (your color choice)
- **Twelve** squares of **colorful** backing fabric (your choice, solid or patterned)
- **Twelve 14" x 14" squares** of batting for each pair of fabric squares (any kind is fine but you may want to experiment with several kinds.)

### Thread

- Your favorite brand of quilting thread (I prefer 40 wt., 3-ply but 50 wt. is OK too) one spool in black and one spool in white or natural plus any other color you prefer.
- 2 bobbins pre-wound with black and white threads
- Embroidery thread for small embellishments. Colors of your choice.

### Needles for your machine

- I use 90/14 or 100/16 needles with 40 wt threads.
- Hand stitching needles of your choice.

### Miscellaneous (your favorites)

- Chalk marker
- Scissors
- Journal, legal pad or diary to keep notes
- A way to capture images: digital camera, computer tablet, smartphone.