

## Upcycled Wool Sweater Mittens

Try some sustainable sewing and make a pair of warm and cozy sweater mittens. Take a look through your closet or visit a thrift shop and find that perfect wool sweater to upcycle. Once you find that sweater, “felt” the sweater and bring to class. You will learn how to cut the sweater apart and transform the pieces into mittens. This is a quick project, perfect for gifts and a plus for the environment!

### Supply List

Felted wool sweater

Fleece material for mitten lining (1/2 yard)

Sewing machine with a 90/14 needle

Basic sewing supplies, scissors, wonder clips (works better than pins) and thread to match.

**\*\*How to felt a wool sweater**

Look for a sweater that is 80-100% wool.

Use a top load washing machine. Set your temperature to Hot/Cold. Hot for the wash and cold for the rinse. Use regular detergent. Once washed, pop into the dryer on the highest setting and dry. Remove from the dryer. You can repeat the process if you want a more felted sweater.