

# Kawandi – Five Days Workshop

## Supplies

Neutral color thread for basting

Fabric scissors

Thimble

Needle grabber (optional)

Embroidery needles Bohin #7 OR of your choice

Wonderfil Specialty Thread - Spaghetti - Weight 12 Color: White or Ecu

One 22" x 22" piece of lightweight fabric for backing

21" X 21" square, thin batting - Quilter's Dream (request) Or loosely woven fabric

Assorted scraps measuring 2" squares to the size of your hand and strips measuring 1" to 4" wide.

## Fabric Suggestion

To make the process interesting and engaging, please include random scraps of many different size, colors, and textures in your scraps bag. Lightweight fabrics will make it easier to stitch through multiple layers of fabrics. Add some shot cottons, plaid, prints and stripes to the mix.

Make sure to add a scrap from a personal clothing item. **Do not use batiks or heavy weight fabrics for this project.**

Sujata Shah, author of Cultural Fusion Quilts

Email: [sujatashah450@gmail.com](mailto:sujatashah450@gmail.com)

Blog: <http://therootconnection.blogspot.com/>