

THIS IS WHAT YOU NEED:

1. Clothes or other items to mend (pillow case, table cloth ?). These can include cotton garments like jeans, shirts, jackets etc, or wool pullovers, sweaters etc.
2. Needles. Have a selection of different sized needles for different thicknesses of thread.
3. Threads. A variety of weights and colors of thread with some that match your torn fabrics, and some that contrast. I like to use a mix of different weight machine threads as well as a selection of stranded embroidery floss, and perle cotton of various weights or knitting yarn.
4. Pins
5. Sharp scissors
6. Fabric marker for light and dark fabrics
7. Optional Embroidery hoop which can help hold your fabric taught. I suggest that you bind the outer ring of your hoop with fabric or tape as this will hold more firmly, and stop it marking your fabric.
8. Optional: a wooden darning mushroom for darning.
9. Optional: Patches that you can iron or stitch on to your garment + iron.

Fabric. An opportunity to dig into your scrap bag., or use pieces from old garments that you couldn't bear to part with.