

## Flower Power Bias-Strip Curves (5-day improv quilting retreat)

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Get your bias-strip, Flower Power curve on! Tap into your intuitive sense of color as you learn a variety of engineering grid-busting tricks for improvising and piecing large-scale, floral and nature inspired compositions with the innovative ruler-free technique of bias-strip piecing on the curve (and s-curve). This is an advanced technique that takes time to master, pushing you to the brink of beginner's mind, where we joyfully embrace “mistakes” on the path to innovation. Leave with a FLOWER POWER masterpiece ready to quilt. Imagine the possibilities! Suitable for all skill levels.

### Tools & Supplies:

- Large cloth scissors – *make sure they are sharp and functional*
- Rotary cutter and cutting mat – *no ruler necessary*
- Thread – *medium gray or yellow blends well with everything*
- Pins
- Seam ripper
- Tailors chalk or marking tool
- Sewing Machine with extension cord
- Hand sewing kit – *just in case*

### Materials:

- Bring a diverse selection of fabrics. I recommend 50-70% solids in a variety of values, neutrals, shades, tints, brights. Try not to coordinate your selections, but bring a diverse selection of hues and neutrals. If you prefer to work with mostly prints that's cool too!
  - Include two to three fat quarters (or large scraps) to make bias strips to share with the class.
  - Include fat quarters (or large scraps) for your base curve shapes.
  - Include some larger 1-2 yard cuts for background, negative space filler between shapes. Backgrounds can also be pieced.
  - It's totally cool (but optional) to use upcycled material from clothing, sheets, etc along with your stash of quilters cotton. Sometimes a little satin or sparkly can go a long way!
  - **Batiks and other tightly woven fabrics are NOT recommended.** The tight weave makes it harder but not impossible to master the technique.
- Estimate amounts according to your goals for the project. Keep in mind your target size, your natural pace and scale, and the length of the workshop (five days).
- These are recommended guidelines. Meet them the best that you can. It's improv! You will learn something no matter what you bring. Don't fuss over it. Come with a make-do attitude and it will all work out one-way or another!

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