

## Supply list

You will need paper and fabric and may glue, fuse or stitch by hand or machine or both., so choose your supplies accordingly.

### **1. For Machine sewing:**

Sewing machine, cleaned, oiled and in good working order. Bring manual and knee lift if you have one.

Extension cord with appropriate adaptor/multiplug

Normal feet for your machine.

**Optional** : embroidery or other specialized feet.

Machine needles. Choose according to your fabric. Universal (Schmetz 80) for cotton fabric, 90 for heavier fabric, 60 for silk or thin fabric

**Optional:** specialized needles eg metallica, embroidery, etc

Thread: neutral sewing thread of your choice + a few contrast color threads. **Optional:** specialist threads eg, metallic, embroidery or heavy thread.

Pins, Rotary cutter with sharp blade; Cutting mat

Plastic rulers of your choice

**Optional:** Tracing paper, fusible, stabilizer of your choice,

Glue stick or fabric glue and markers of your choice

### **2. For hand sewing:**

Hand sewing needles that you can use for fine and heavy threads.

A variety of threads, both thick and thin, including machine stitching thread, stranded embroidery thread, perle cotton.

Sharp scissors

### **3.Paper.**

**You will need paper both to cut up and to glue on to:**

20 sheets of firm paper that you will glue onto, in black white or neutral.

A variety of papers in black white and neutrals. Paper with printed text from a newspaper or magazine is always good. **Any** paper will do to cut or tear and add to your basic papers. It does not all have be new and smooth/ Wrinkled old paper will also work too.

Books or pictures as discussed below

Notebook/Journal with your choice of writing materials

#### 4. Fabrics.

As you will be making a series of small works, small pieces of fabrics will be fine, but you may want to add a couple of bigger pieces as backgrounds or backing.

**Choose your basic color palette** and bring a variety of fabrics in that color range in **solids, hand dyes and commercial prints**. As well as bringing your favorite chosen colors, BE BRAVE and bring something that is out of your normal comfort zone.

Make sure you have a good range of **lights, mediums and darks**. Include black, white and neutrals, and some related colors and contrasts. Cotton is advisable but you may choose to bring some specialist fabrics like silks or sheers that might add subtle differences and enhance how a color is perceived.

**Remember the greater the choice you have, the more exciting the possibilities for your work!**

#### 5. Preparation

The focus in this class is on **generating ideas and design**. Spend time looking at images and designs ideas that appeal to you in nature, websites, books and magazines. Look at artists work that you both like and dislike. What is it you like ?

Write down and sketch any vague ideas or words that have been hovering in your mind. You do not have to come with any firm idea in your head at all! Just come with an open mind

Remember .....

“The best way to have a good idea is to have lots of ideas.”

Linus Pauling